

# Malvern Hills – trail riding profile



## Riding & coaching at Malvern

This is the home and local training ground of Olympian racer and Commonwealth Gold Medallist Liam Killeen and multi-World Cup winning downhiller Tracey Moseley. It may not be a trail centre in the official sense, but the compact nature of the Malvern Hills and wide variety of trails on offer make it a great place to ride.

For skills development Malvern offers a wide mix of trails, all within a couple of kilometres of the main bike shop, car parks and cafes at Great Malvern. Our guide lives right here and knows every trail, whether it's easy singletrack for novices or fast, technical descents for more advanced riders.

## Courses at Malvern Hills

### Singletrack Skills – Levels 1, 2 and 3

The trails at Malvern lend themselves perfectly to novice, intermediate and advanced skills development. For novices the wide tracks that contour the hills and easier sections of singletrack are ideal.

At levels 2 and 3 we use the whole range of trails, and riders will benefit from more development of their bike handling on rocky, loose and less predictable trails as well as smooth singletrack. There are many options in the Malvern Hills and our expert local instructor will know exactly which trail sections to use to deliver the best possible results during your course.

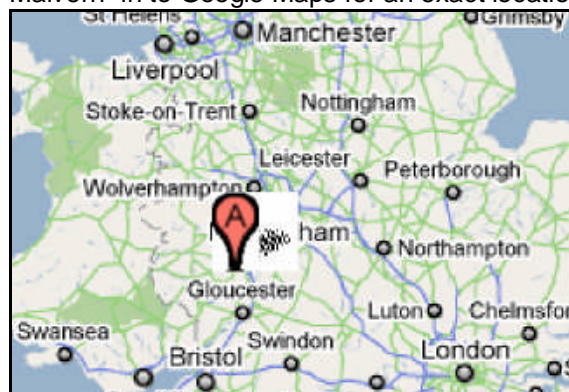
## Trail info

The spine of the Malverns runs across North Hill, Worcestershire Beacon and Summer Hill, with trails darting off in every direction. There's a mix of fast flowing riding, trails that contour the hillsides and those that blast down steep and technical sections in the narrow gulleys.

The town of Great Malvern provides the hub for the region, with a bike shop, cafes and car park all located right on the edge of the best riding areas. Using this as our base we can access a huge range of trails and terrains, without ever journeying far from our central hub.

## Location

The Malvern Hills stretch south from Worcester, parallel to the M5 motorway. Type "Great Malvern" in to Google Maps for an exact location.



To reserve your space on a course at Malvern Hills:

Email us on [info@cycleactive.co.uk](mailto:info@cycleactive.co.uk)

Call us on + 44 (0)1768 840400

Reserve online at [www.cycleactive.co.uk](http://www.cycleactive.co.uk)



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